

Why choose childpsych?

- **We're a specialist practice** - we specialise in children, adolescents and family issues. That's all we do.
- **We work with the "whole psychology" of the child** - that's why we're called *childpsych*, short for child psychology. If the child or adolescent has an anxiety problem and a weight management problem, we can help with both areas. We work closely with professionals such as General Practitioners and Paediatricians as well as Speech-Language Pathologists, Occupational Therapists and Behavioural Optometrists to name a few.
- The child comes first - we go out of our way to ensure the child overcomes their difficulties as quickly as possible. We will speak with school staff, other family members and any other significant person, to ensure that everyone knows how to assist in the child's recovery.
- Wide variety of skills -we have skills in the assessment, diagnosis and treatment of a wide variety of childhood learning problems, emotional and behavioural and health related problems.
- Flexible pricing and payment - you may pay either session by session, in instalments, with credit card, cash or cheque.
- Professionalism - we will not treat your child or adolescent if we feel that our services are not needed. If we are unable to help you we will assist you with locating a more suitable professional.

Founder of *childpsych*

Philip O. Gosschalk MAPS

DIRECTOR & PSYCHOLOGIST

BA (Psych), PGDipPsych, MPsych (Clinical)
GradDipEd (Prim), MEdSt (SpecEd)(Guid)

childpsych is a private psychology practice in Brisbane's south western suburbs founded and managed by Philip. Philip wanted to develop a specialist psychology practice for children, adolescents and their families which took a preventative focus. The motto of *childpsych* is "helping children and families to move forward". At *childpsych* we work with children and families to develop skills which help them manage their own problems now and in the future.

Philip is a full member of the peak organisation, The Australian Psychological Society's colleges of Clinical Psychologists and Educational & Developmental Psychologists. Philip has advanced training in clinical psychology and education graduating with distinction in both qualifications and receiving the Australian Association of Special Education Merit Award for his masters degree in education. He is an experienced classroom teacher and maintains his teacher's registration with the Queensland Board of Teacher Registration.

Philip has worked in the New Zealand, Australian Capital Territory and Queensland education systems.

In addition to his experience as a school psychologist and classroom teacher, Philip has worked with forensic clients, adults and children in foster care.



Information Brochure

clinical, educational and health psychology

MAIN CONSULTATION ROOMS

2/606 Sherwood Road, Sherwood

Appointments 07 3716 0445

Facsimile 07 3379 8965

E-mail admin@childpsych.net.au

Post PO Box 405, Sherwood Qld 4075

Website www.childpsych.net.au

Our Expertise

Clinical Psychology

- Ψ ADHD / ADD
- Ψ Fears/Anxiety
- Ψ Sadness/Depression
- Ψ Behavioural difficulties
- Ψ Adjusting to life changes such as divorce
- Ψ Trauma/PTSD
- Ψ Autistic spectrum disorders
- Ψ Bonding difficulties
- Ψ Peculiar/odd or concerning behaviours
- Ψ Grief

Educational Psychology





- Ψ Learning difficulties (e.g. Dyslexia)
- Ψ Intellectual functioning
- Ψ Gifted & talented assessments
- Ψ Concentration difficulties
- Ψ Developmental assessments

Child/Adolescent Health Psychology

- Ψ Headache (migraines, tension)
- Ψ Soiling/bed wetting
- Ψ Weight management
- Ψ Sleep problems (e.g. continuous nightmares)
- Ψ Complying with medical treatment (e.g. diabetes management)
- Ψ Eating difficulties
- Ψ Smoking/alcohol/drug cessation
- Ψ Coping with parent illness

Our Core Values

At *childpsych* we believe in:

-  **Professionalism** – only scientifically proven psychological approaches are used.
-  **Education** – parents and children are informed about their condition so that they understand their needs now and in the future.
-  **Interdependence** – our interventions aim to move children and their family towards healthier functioning. Our goal is not to promote dependence on psychologists but to teach parents and children skills for managing their own conditions which includes when to ask for help.
-  **Commitment** – children and adolescents improve in therapy when their psychologist is warm, caring and committed to them.



helping Brisbane's children and families to move forward

Our Services

- Psychological counselling and treatments for children and adolescents aged 4 to 18
- Play-based and child-friendly therapies
- Family interventions (e.g. mediation)
- Specialised assessment packages
 - ◆ NeuroEducational™ Evaluation
 - ◆ Emotional & Behavioural Evaluation
- Tailored assessment packages for your needs
- Group programs for children and adolescents
- Behaviour management consultation and parenting education
- Mental health consultation to organisations
- Talks to schools, community groups and agencies
- Reports for the Family and Children's court



Health fund rebates
Flexible payment options and pricing
Medicare rebate available-

*Only in specific circumstances. Please contact us