

## Why choose *childpsych*?

- **We're a specialist practice** - we specialise in children, adolescents and family issues. That's all we do.
- **We work with the "whole psychology" of the child** - that's why we're called *childpsych*, short for child psychology. If the child or adolescent has an anxiety problem and a weight management problem, we can help with both areas. We work closely with professionals such as General Practitioners and Paediatricians as well as Speech-Language Pathologists, Occupational Therapists and Behavioural Optometrists to name a few.
- **The child comes first** - we go out of our way to ensure the child overcomes their difficulties as quickly as possible. We will speak with school staff, other family members and any other significant person, to ensure that everyone knows how to assist in the child's recovery.
- **Wide variety of skills** - we have skills in the assessment, diagnosis and treatment of a wide variety of childhood learning problems, emotional and behavioural and health related problems.
- **Flexible pricing and payment** - you may pay either session by session, in installments, with credit card, cash or cheque. Our pricing varies according to the time of day you see us, whether you purchase our services as a package and your income.
- **Professionalism** - we will not treat your child or adolescent if we feel that our services are not needed. If we are unable to help you we will assist you with locating a more suitable professional.

## Principal Psychologist

### Philip O. Gosschalk MAPS

#### PRINCIPAL PSYCHOLOGIST

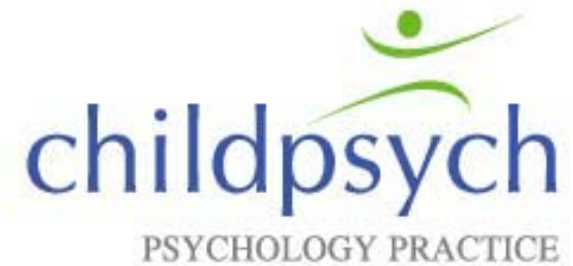
BA (Psych), PGDipPsych, MPsych (Clinical)  
GradDipEd (Prim), MEdSt (SpecEd)(Guid)

*childpsych* is a private psychology practice in Brisbane's south western suburbs founded and managed by Philip. Philip wanted to develop a specialist psychology practice for children, adolescents and their families which took a preventative focus. The motto of *childpsych* is "helping children and families to move forward". At *childpsych* we work with children and families to develop skills which help them manage their own problems now and in the future.

Philip is a full member of the peak organisation, The Australian Psychological Society which requires 6 years of full time academic and practical training in psychology. Philip has advanced training in clinical psychology and education graduating with distinction in both qualifications and receiving the Australian Association of Special Education Merit Award for his masters degree in education. He is an experienced classroom teacher and maintains his teacher's registration with the Queensland Board of Teacher Registration.

Philip has worked in the New Zealand, Australian Capital Territory and Queensland education systems.

In addition to his experience as a school psychologist and classroom teacher, Philip has worked with forensic clients, adults and children in foster care.



## Information Brochure

clinical, educational and health psychology

**Appointments** 3716 0445 **Facsimile** 3716 0445  
**E-mail** admin@childpsych.net.au  
**Post** PO Box 405, Sherwood Qld 4075  
**Website** www.childpsych.net.au

**By appointment only**

## Our Expertise

### Clinical Psychology

ADHD / ADD  
Fears/Anxiety  
Sadness/Depression  
Behavioural difficulties  
Adjusting to life changes such as divorce  
Trauma/PTSD  
Autistic spectrum disorders  
Bonding difficulties  
Peculiar/odd or concerning behaviours  
Grief

### Educational Psychology





Learning difficulties (e.g. Dyslexia)  
Intellectual functioning  
Gifted & talented assessments  
Concentration difficulties  
Developmental assessments

### Child/Adolescent Health Psychology

Headache (migraines, tension)  
Soiling/bed wetting  
Weight management  
Sleep problems (e.g. continuous nightmares)  
Complying with medical treatment (e.g. diabetes management)  
Eating difficulties  
Smoking/alcohol/drug cessation  
Coping with parent illness

## Our Core Values

At *childpsych* we believe in:

-  **Professionalism** – only scientifically proven psychological approaches are used.
-  **Education** – parents and children are informed about their condition so that they understand their needs now and in the future.
-  **Interdependence** – our interventions aim to move children and their family towards healthier functioning. Our goal is not to promote dependence on psychologists but to teach parents and children skills for managing their own conditions which includes when to ask for help.
-  **Commitment** – children and adolescents improve in therapy when their psychologist is warm, caring and committed to them.



*helping Brisbane's children and families to move forward*

## Our Services

Psychological counselling and treatments for children and adolescents aged 4 to 18

Play-based and child-friendly therapies

Family interventions (e.g. mediation)

Specialised assessment packages

NeuroEducational™ Evaluation

Emotional & Behavioural Evaluation

Tailored assessment packages for your needs

Group programs for children and adolescents

Behaviour management consultation and parenting education

Mental health consultation to organisations

Talks to schools, community groups and agencies

Reports for the Family and Children's court



**Health fund rebates**

**Flexible payment options and pricing**

**Medicare rebate available\***

\*Only in specific circumstances. Please contact us